Zeit	Montag			Dienstag			Mittwoch			Donnerstag			Freitag			Samstag	
	Halle C	Halle D	Saal	Halle C	Halle D	Saal	Halle C	Hallle D	Saal	Hallle C	Hallle D	Saal	Hallle C	Hallle D	Saal	Hallle C	Hallle D
09:00	9:00 - 10:00 BBP Doris	9:00 - 10:00 FKT - Training Sabine (VO)			9:00 - 10:00 WSG Sylvia		9:00 - 10:00 Fit mit Hanteln Sabine	9:00 - 10:00 Fitness Kerstin		9:30 - 10:30 Funktionsgym. Christine	9:00 - 10:30 WellFit Beate		9:20 - 10:20 Eki Erika	9:30 - 10:30 Tai - Chi			
09:30																	
10:00	10:00 - 11:00 Fit und gesund Männer Ute	10:00 - 11:00 FKT - Training Sabine (VO)	10:00 - 11:00 Tanz dich fit 50+ Olaf		10:00 - 11:00 WSG Sylvia		10:00 - 11:00 Hockergym. Christine	10:00 - 11:00 FKT Sabine (VO)	10:00 - 11:00 Tanz dich fit 50+ Olaf							10:00 - 11:30 Volti Janna	
10:30				10:30 - 11:30 WSF Sabine							10:30 - 11:30 Yoga Kersin						
11:00		11:00 - 12:30 WellFit Astrid															
11:30	11:30 - 13:00 Zoll			11:30 - 12:30 Herzsport Sabine (VO)			11:15 - 12:15 Herzsport Sabine (VO)						11:30 - 14:00 Zoll			11:30 - 13:30 Skyjumper Adelheid	
12:00																	
12:30					12:30 - 14:00 Zoll												
13:00																	13:00 - 13:30 Cheerleading
13:30																13:30 - 15:00 Cheerleading Kathi	
14:00																	
14:30	14:30 - 15:30 Eki Marion																
15:00		15:00 - 16:30 Fliegende Fische Martina & Jana								15:00 - 16:00 Eki Erika	15:00 - 16:00 Judo						
15:30	15:30 - 16:30 Kitu 4-6 J. Marion			15:30 - 16:30 Rope Skipping Sabrina	15:30 - 17:00 Cheerleading Kathi		15:30 - 17:00 Gerätturnen Cornelia						15:30 - 17:30 Röhnrad Wiebke	15:30 - 19:30 Judo			
16:00										16:00 - 17:00 Eki Erika	16:00 - 18:00 fliegende Fische Martina & Jana	16:00 - 17:00 Skyjumper (Choreo)					
16:30	16:30 - 17:00 Fliegende Fische	16:30 - 18:00 Judo		16:30 - 18:00 Gerätturnen Kea		16:30 - 17:30 Ballett Daniel		16:30 - 18:00 Judo	16:30 - 17:30 Ballett Alexandra								
17:00	17:00 - 18:00 FKT Sonja (VO)				17:00 - 18:00 FKT Christine (VO)		17:00 - 18:30 Gerätturnen Sabrina			17:00 - 18:00 Kitu Erika							
17:30						17:30 - 18:30 Ballett Daniel			17:30 - 18:30 Ballett Alexandra				17:30 - 19:00 Cheerleading Kathi		18:00 - 19:00 Reha-Training Claudia (VO)		
18:00	18:00 - 19:00 BBP Gabi	18:00 - 19:00 WSG Marion		18:00 - 19:00 Herzsport Marion	18:00 - 19:00 FKT Christine (VO)					18:00 - 19:00 Fit und gesund Männer Ute	18:00 - 19:00 Pilates Grete						
18:30							18:30 - 20:00 Gerätturnen Enna	18:30 - 19:30 Damengym. Christine									
19:00	19:00 - 20:00 Tai - Chi Eun - Heui			19:00 - 20:30 Ballett Daniel	19:00 - 21:00 Freizeit-sport Rainer					19:00 - 20:00 LaGym Kathi	19:00 - 21:30 Ju - Jutsu		19:00 - 20:30 Cheerleading Kathi	19:30 - 21:00 MMA Thomas			
19:30																	
20:00	20:00 - 22:00 Turnen und Spiele Herren Rainer	20:00 - 21:00 MMA Thomas					20:00 - 22:00 Fechten Gordon			20:00 - 21:00 GWO Daniel							
20:30																	
21:00																	
21:30																	
22:00																	